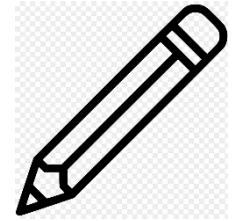


# Psalm 34: Taste and see



Date:

Preacher:

Draw it...

Draw 3 things that you love to taste:

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Draw a storyboard of David pretending to be insane before Abimelek and escaping to the caves of Adullam (you might want to look up 1 Samuel 21v10-22v2):


## Find it..

**How many of the 14 statements about what God is like and what he does in the Psalm can you find?**

**Circle or highlight them in different colours!**

1 I will extol the Lord at all times;  
his praise will always be on my lips.

2 I will glory in the Lord;  
let the afflicted hear and rejoice.

3 Glorify the Lord with me:  
let us exalt his name together.

4 I sought the Lord, and he answered me;  
he delivered me from all my fears.

5 Those who look to him are radiant;  
their faces are never covered with  
shame.

6 This poor man called, and the Lord  
heard him;  
he saved him out of all his troubles.

7 The angel of the Lord encamps around  
those who fear him,  
and he delivers them.

8 Taste and see that the Lord is good;  
blessed is the one who takes refuge in  
him.

9 Fear the Lord, you his holy people,  
for those who fear him lack nothing.

10 The lions may grow weak and hungry,  
but those who seek the Lord lack no  
good thing.

11 Come, my children, listen to me;  
I will teach you the fear of the Lord.

12 Whoever of you loves life  
and desires to see many good days,

13 keep your tongue from evil  
and your lips from telling lies.

14 Turn from evil and do good;  
seek peace and pursue it.

15 The eyes of the Lord are on the  
righteous,

and his ears are attentive to their cry;  
16 but the face of the Lord is against  
those who do evil,  
to blot out their name from the earth.

17 The righteous cry out, and the Lord  
hears them;  
he delivers them from all their troubles.

18 The Lord is close to the broken-hearted  
and saves those who are crushed in  
spirit.

19 The righteous person may have many  
troubles,  
but the Lord delivers him from them all;  
20 he protects all his bones,  
not one of them will be broken.

21 Evil will slay the wicked;  
the foes of the righteous will be  
condemned.

22 The Lord will rescue his servants;  
no one who takes refuge in him will be  
condemned.

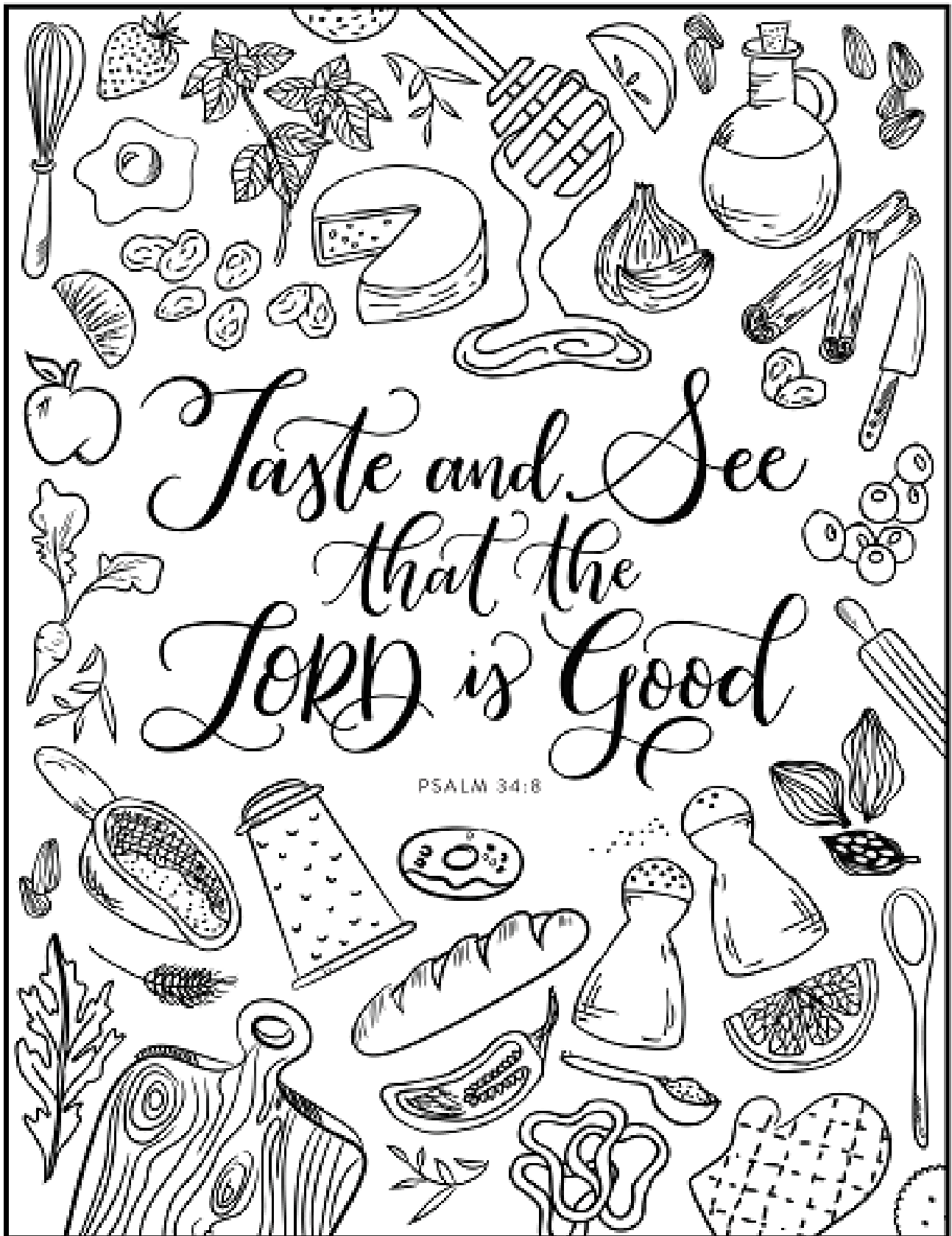
## Listen out for it...

Cross out each word or phrase when you hear it in the talk

- hasty exit
- anthem
- The Great British Bake Off
- Promised Land
- the king of the savannah

- social media
- juiciest mango
- newborn babies
- delight our taste buds
- Russian restaurant

Colour it...



Find it...

## Oh, Taste And See

*"Oh, taste and see that the LORD is good! Blessed is the man who takes refuge in Him*  
**Psalm 34:8 (ESV)**

F X W R T L N B K B P H D L R  
V H X A H T S I O P X Q O J K  
O Y K B T A H T K L Q Z O C P  
Z E T K V T W E L R I S G H K  
S E E R N A U J B L E S S E D  
M E X D G S X L D M O M D U P  
B J X X L T P L R R Y A S J P  
S H J P W E Q D C G O N B I I  
F I E A S N C G R N Y L P O Y  
L S N R A E B R J E G Q S D S  
H U Z A Z C G U G R F J D K J  
A K H B Y M I H R Q U U D U I  
J M H I V Z L H G K K N G V O  
R D L Q C B C L Q B A Q Q E Z  
O Y N C C T Z D Z M X F G I T

AND	MAN	THAT
BLESSED	REFUGE	THE
GOOD	SEE	WHO
HIM	TAKES	
LORD	TASTE	

**Instructions:** In the puzzle above, search for and circle all of the words listed.

Think about it...



Something I learnt  
about God...



Something I learnt  
about us...



Something I want to  
remember...

3 great things I learnt about God...



If I had to say what Psalm 34 is about in 10 words, I would say...

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